

Upcoming Events For Secondary Parents/Carers Autumn Term 2026

Supporting your teenager's mental health webinars

We also provide free 1:1 early help support programmes for young people to support with anxiety or low mood. Speak to your school to find out more.

21ST SEPT 26
12.30 PM - 1.30 PM

Mental health during
the teenage years

30TH SEPT 26
7 PM - 8 PM

17TH NOV 26
12.30 PM - 1.30 PM

Understanding and
supporting teen
sleep

17TH NOV 26
7 PM - 8 PM

To view further event details and descriptions, and to book on to any of the webinars, please scan the QR Code or follow the link to our Eventbrite collection.

[Click here](#)

