



by *sodexo**

THIS WEEK'S MENU

MONDAY

Curry Bar
with Chicken and
Quorn Jalfrezi,
Rogan Josh and
Chicken Korma

TUESDAY

Traditional
Lasagne with
Garlic Flatbread

WEDNESDAY

Roast Chicken
Leg, Roast Beef
or Roast Turkey

THURSDAY

Cajun Spiced with
Green Salad Chicken
Fajita

FRIDAY

Oven
Baked
Pollock


Butternut Squash
& Butterbean
Pasta Sauce with
Tagliatelle

Yardbird Southern
Fried Quorn
Chicken Fillet with
Tomato Salsa

Roast Quorn Fillet
& Gravy

Vegetable & Bean
Champ Cottage Pie

Spiced
Falafel with
Yoghurt
and Pitta
Bread

Apple &
Cinnamon
Crumble

Fresh Chocolate
Sponge with
Chocolate Sauce

Raspberry Jelly
Pot with Fresh
Fruit Topping

Fresh Treacle Sponge

A choice of
Vanilla or
Strawberry
Ice Cream

AVAILABLE DAILY

A selection of potatoes and vegetables, salads, filled jacket potatoes, hot snacks, pizza, snack pots, dessert pots, fresh fruit, milk and cold drinks

WEEK 1



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THIS WEEK'S MENU

MONDAY

Chilli Con Carne
with Braised Rice
or Baked Taco

TUESDAY

Cottage Pie
with Gravy


WEDNESDAY

Roast Chicken
Leg, Roast Beef
or Roast Turkey

THURSDAY

Spaghetti
Bolognese with
Garlic Flatbread

FRIDAY

Oven Baked
Pollock 

Pumpkin, Chilli &
Cinnamon Risotto
with Roquette

BBQ Pulled
Quorn Bruschetta

Roast Quorn Fillet
with Gravy

Three Bean Chilli
with Braised Rice

Vegetarian Pizza
Calzone with
Oven Baked
Chips

Fresh Chocolate
Sponge with
Chocolate Sauce

Oven Baked
Apple with
Custard Sauce

Apricot
Shortbread
Crunch

Banoffee Crumble
with Custard
Sauce

Apple and
Rhubarb Fruit
Plait

AVAILABLE DAILY

A selection of potatoes and vegetables, salads, filled jacket potatoes,
hot snacks, pizza, snack pots, dessert pots, fresh fruit,
milk and cold drinks

WEEK 2



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THIS WEEK'S MENU

MONDAY

Spiced Jerk
Chicken Thigh
with Rice & Peas

TUESDAY

Pork Sausage in
Red Onion Gravy


WEDNESDAY

Roast Chicken
Leg,

THURSDAY

Sweet & Sour
Chicken with
Noodles

FRIDAY

Oven Baked
Pollock 
Freshly Battered

Rich Tomato
Pasta Sauce with
Fusilli and
Garlic Bread

Glamorgan
Vegetarian
Sausage with
Creamy Mash

Roast Quorn Fillet
with Gravy

Quorn Burger with
a choice of Salads

Spicy Bean
Burger with
Oven Baked
Chips

Fruity Feast
Flapjack

Carrot and Apple
Muffin

Pineapple Upside
Down Cake

Chocolate
Cornflake Crunch

Neapolitan Ice
Cream Slice with
Fresh Fruit
Topping

AVAILABLE DAILY

A selection of potatoes and vegetables, salads, filled jacket potatoes,
hot snacks, pizza, snack pots, dessert pots, fresh fruit,
milk and cold drinks

WEEK 3



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